

## Cambridge National Child development Exam unit topics (RO18)

### **Learning Outcome 1: Understand reproduction and the roles and responsibilities of parenthood**

- 1.1 The wide range of factors which affect the decision to have children
- 1.2 Pre-conception health
- 1.3 Roles and responsibilities of parenthood
- 1.4 To recognise and evaluate methods of contraception, their efficiency and reliability
- 1.5 The structure and function of male and female reproductive systems, inc conception, fertilisation, implantation and signs and stages of pregnancy.

### **Learning Outcome 2: Understand antenatal care and preparation for birth**

- 2.1 The roles of the different health professionals supporting the pregnant mother
- 2.2-The importance of antenatal and parenting classes
- 2.3 Routine checks carried out at an antenatal clinic (inc scans)
- 2.4 Specialised diagnostic tests
- 2.5 The choices available for delivery
- 2.6 The stages of labour and the methods of delivery, including pain relief

### **Learning Outcome 3: Understand postnatal checks, postnatal provision and conditions for development**

- 3.1 The postnatal checks of the newborn baby
- 3.2 The specific needs of the pre-term (premature) baby
- 3.3 The postnatal provision available for the mother and baby and the postnatal needs of the family
- 3.4 Conditions for development

### **Learning Outcome 4: Understand how to recognise, manage and prevent childhood illnesses**

- 4.1 How immunity to disease and infection can be acquired
- 4.2 How to recognise and treat common childhood ailments and diseases
- 4.3 When to seek treatment by a doctor, and when emergency medical help should be sought
- 4.4 Diet-related illnesses
- 4.5 The needs of an ill child
- 4.6 How to prepare a child for a stay in hospital

### **Learning Outcome 5: Know about child safety**

- 5.1 How to create a safe, child-friendly environment
- 5.2 Safety labelling
- 5.3 To be aware of the most common childhood accidents
- 5.4 Social safety