

## BE AWESOME, GO BIG - TRANSITION RESOURCES FOR PARENTS

These resources provide information, tips and questions to help you open up discussion with your child about the transition and help prepare them for starting secondary school.



### Guides for Parents and Carers

[Building Resilience](#)

[Growth Mindset](#)

[Helping Your Child Get Into Good Habits](#)

[Making the Change](#)

[Transition into Secondary School](#)

### Getting Ready to Go Big

Encourage your child to try and complete as many of these activities as they can before starting secondary school.

[Download the Getting Ready to Go Big Activity Sheet](#)

All of these resources have already been downloaded for you to access