

# TRANSITION

## SUBJECT

Physical Education

## HEAD OF DEPARTMENT

Mr. Coward

## WORK/TOPICS COVERED IN THE FIRST TERM

### **Girls:**

- Netball (8 lessons)
- Gymnastics (8 lessons)
- Football (8 lessons)

### **Boys:**

- Rugby (8 lessons)
- Football (8 lessons)
- Outdoor & Adventurous Activities (4 lessons)
- Basketball (8 lessons)

## SOME ADDITIONAL SUGGESTIONS THAT YOU MAY WISH TO DO TO HELP YOU TO PREPARE FOR SEPTEMBER

- Check the college uniform list on the Transition Website to ensure that you have the correct kit for your P.E. lessons (girls do not need football boots in year 7)

Football lessons are on our Astro Turf pitch for which training shoes are suitable and studded boots are not allowed.

Boys do need football boots in year 7 as rugby lessons are on the grass pitch