



Summer Bridging Work

Subject: Food Preparation & Nutrition

Year: 9 (Year 8 into 9)

Topic/Title of what the students will be studying in September for the first half term:

Factors affecting food choice & food consumption

Suggested background reading that will help them to understand the context of the topic to be studied:

www.foodafactoflife.org.uk

This website has lots of useful power points and quizzes to read and have fun with

Relevant films/videos to watch:

https://www.youtube.com/watch?v=uRbp1kvkl_4

Activity to undertake: **DEBATE**

Watch the short news video clip, using the link above.

In an independent review, it has been suggested that 'sugar & salt-based foods should be taxed and vegetable prescribed by the NHS.

Task 1: Begin by making a list of points 'for' and 'against' this statement

Task 2: Complete a written debate using your 'for' and 'against' points

Alternatively, you can produce a **voice recording NOT a video recording** of you explaining your reasons and upload it to google classroom.

Upload task into the **current** Google Classroom

Students to hand in by August 31st