

TRANSITION

SUBJECT: Physical Education

HEAD OF DEPARTMENT: Mr. Williams

ACTIVITIES COVERED IN THE FIRST TERM:

Girls	Netball	Football	Hockey	Outdoor & Adventurous Activities	Class choice
Boys	Football	Gymnastics	Rugby	Outdoor & Adventurous Activities	Class choice

Girls – P.E. Kit

- Royal Blue Polo-shirt with embroidered college badge;
- Navy blue Football/Rugby Shorts with/without College Crest OR
- Black cycling shorts OR navy blue skort OR plain black or navy badged sports leggings (3/4 or full length);
- Trainers;
- Football boots (only required in Years 8 and 9);
- White short ankle socks;
- Royal blue football socks and shin-pads (compulsory for football and hockey);

● Boys – P.E. Kit

- Royal Blue Polo-shirt with embroidered college badge;
- Royal blue/White reversible rugby shirt with/without College Crest;
- Navy Blue Football or Rugby Shorts with/without College Crest;
- Royal blue football socks
- White ankle/sports socks;
- Shin-pads (compulsory for football and hockey) and gum shields for rugby;
- Trainers;

- **Optional Additional P.E. Kit**
- Navy blue tracksuit trousers with embroidered college badge
- Navy blue training top with embroidered college badge
- Only training tops and tracksuit trousers with college badge may be worn
- Please note that students, for health and safety reasons, are not allowed to wear earrings during PE lessons. If a student's ears have been recently pierced please provide a letter for PE staff and supply tape to cover the earrings for the duration of the lesson.

SOME ADDITIONAL SUGGESTIONS THAT YOU MAY WISH TO DO TO HELP YOU TO PREPARE FOR SEPTEMBER

- Our college astro turf is **NOT A 3G surface** therefore all football lessons and training sessions have a zero policy on studded football boots as they damage the surface. Students must wear trainers/astro turf trainers only.
- It is preferable that boys have their own football boots for rugby lessons and if they wish to attend after school rugby/football training sessions. However, if your child does not own any football boots, we have a selection of boots they are welcome to lend from our spare kit box.
- If your child is ill/injured they must provide a note from their parent/carer or Doctor of why they cannot take part. We still expect them to bring their PE kit as they are still expected to be an important part of the lesson as a coach, umpire, referee, volunteer etc. Also if it rains or is muddy and we are outside, their uniform will not become wet/dirty if they are wearing their PE kit.