



OCR Cambridge National (Level 1/2) Certificate in Sports Studies

what's it all about?



SPORT
Level 1/2





You will Study 3 Units:

**R184: Contemporary issues in sport
(Externally examined unit)**

40% of overall grade, mark /80

**R185: Performance & leadership in
sports activities**

40% of overall grade, mark /80

R186: Sport & the media

20% of overall grade, mark /40



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R184: Contemporary Issues in Sport:

(assessed by way of a **75 minute written examination**, sat in May of Year 11).

By completing this unit, learners will:

- Understand the issues which affect participation in sport.
- Know about the role of sport in promoting values.
- Understand the implications of hosting a major sporting event for a city or country.
- Understand the role National Governing Bodies (NGBs) play in the development of their sport.
- Learn of the positive and negative effects of technology in sport.





R185:Performance & Leadership in Sports Activities: *(internally marked and externally moderated)*

By completing this unit, learners will:

- Understand the key components of performance.
- Applying practice methods to support improvement in a sporting activity.
- Organise and plan a sports activity session.
- Lead a sports activity session.
- Reviewing their own performance in planning and leading a sports activity session.





R186: Sport and the media

(internally marked and externally moderated)

By completing this unit, learners will:

- Understand the different sources of media that cover sport.
- Understand the positive effects of the media in sport.
- Understand the negative effects of the media in sport.



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Understanding Your Grade

Grade	D2*	D2	M2	P2	D1	M1	P1
GCSE level	9/8	7	6	5/4	3	2	1
/80	72/80	64/80	56/80	48/80	40/80	32/80	24/80
%	90%	80%	70%	60%	50%	40%	30%

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Assignments and Classwork

All work on the examined unit is completed in exercise books.

Assignment tasks for the 2 internally assessed units are either written using Google Docs/slides or video evidence can be used for the more practical tasks.

All class and homework tasks are set on Google Classroom.



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Practical sports assessments

Handball will be one of the sports you will be assessed in- we teach you this for **2 terms** of the course. The other sport can be one of your choice ([from this list](#)) that you participate in at school outside of lessons. If you wish to take this course, it is **essential** that you:

- 1) **Enjoy handball** and possess **reasonably good ability** in handball;
- 2) Are **actively** involved in at least one other sport in or outside of college;
- 3)

The groups are **mixed** so **boys and girls** will be playing handball **together**.

If you wish to take this course, you must be comfortable playing sport in a **mixed group**.

Otherwise you may struggle with the content and assessment of the course.



OCR Cambridge National Certificate in Sports Studies Student Guide

This can be accessed/viewed via the link on the PE curriculum page on the school website.

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The screenshot shows the website for Blessed Edward Oldcorne Catholic College. At the top, the school's name and crest are displayed, along with social media icons for Facebook and Twitter, and a 'CLICK CEOP' button. Below this is a navigation menu with links for Home, About Us, Catholic Life, College Life, Safeguarding, Parents, Students, Staff, and Contact. The main content area is titled 'Curriculum' and features a grid of subject boxes: RE, English, Maths, Science, Humanities, MFL, Computing & Business, Performing Arts, Design Technology, Art and Design, and PE. A red arrow points from the text above to the 'Performing Arts' box, which is the parent category for the PE link. At the bottom, there is a footer with the school's address, quick links for Payments, Log in, Doodle, and EduTrack, and a link to Tweets by EdwardOldcorne. A 'Privacy & Cookies Policy' button is also present.



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Any Questions?

Students: ask your PE teacher.

Parents: email Mr. Coward-
pc@blessededward.co.uk

A copy of this presentation has been posted on the Year 9 Google Classroom page.

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