

## Subject: Food Preparation & Nutrition:

Year 11 First Mock
Revision Topics
Topics from year 10 assessment list
<ul> <li>Food spoilage</li> </ul>
<ul> <li>Meat, poultry, fish &amp; eggs</li> </ul>
Alternative proteins
<ul> <li>Cereals to include rice &amp; pasta</li> </ul>
<ul> <li>Bread, cake, pastry, sauces</li> </ul>
<ul> <li>Food provenance and waste</li> </ul>
Cultures & cuisines
<ul> <li>Factors affecting food choice</li> </ul>