

# Year 11 Expectations Evening 2024

---

## Welcome

**BLESSED EDWARD OldCORNE**  
CATHOLIC COLLEGE





## College Prayer

*God our Father,  
You filled Blessed Edward Oldcorne  
with the strength and courage to be a  
witness to Christ,  
and in doing so he became a martyr.  
Grant us a share in that same strength,  
that we may daily take up our cross  
and follow you.  
Amen.*



Top City  
School

**We know what  
we are doing.**

**We know what  
works.**

Top 20% of  
schools  
nationally

On average  
students leave  
with a GCSE  
grade 5 or better  
in all subjects

99% of students  
go onto to post  
16 provider or  
employment

85% students  
pass English  
83% Students  
pass Maths



A large school hall with students sitting at desks, overlaid with a date banner. The hall has a blue carpet and light blue walls. In the background, there are basketball hoops and a blue door. The students are wearing school uniforms and are focused on their work.

Thursday 8<sup>th</sup> May 2025

Wednesday 18<sup>th</sup> June  
2025

# Overview of year 11 – key dates

First Mocks – 11<sup>th</sup> November 2024

Parents Evening (in person) – 4<sup>th</sup> December 2024

Second Mocks – 10<sup>th</sup> March 2025

First GCSE Exam Thursday 8<sup>th</sup> May 2025

*#winyourpersonalrace2024*

# Tiers of Entry

Foundation  
1-5

Maths  
MFL

Higher  
4-9

Core & Triple Science

*Your results slip will NOT have the words  
foundation or higher on them*

# PARENT SUPPORT







Professor Charles Desforges

## Parent Involvement

- ▶ The more involved parents are in their child's education, the more likely the child is to succeed in school.
- ▶ Research shows that parent support is more important to school success than a student's IQ, economic status, or school setting.





• EXPECTATIONS •

2 hours  
revision  
per night



# Students who succeed...

Do lots of  
exam question  
practice

Do non-  
required  
work

Make high  
quality notes

Have goals

Believe they  
can succeed



Revision needs to be a concrete everyday habit





Blessed Edward Oldcorne Catholic College

Revision Timetable

Week beginning \_\_\_\_\_

TIME DAY						
MONDAY						
TUESDAY						
WEDNESDAY						
THURSDAY						
FRIDAY						
SATURDAY						
SUNDAY						

Follow your school  
timetable

# Music







what  
**works**

Select a topic and write down everything you know about it.



Check your notes  
and fill in anything  
you missed.

# BASES & ALKALIS

## AN INTRODUCTION

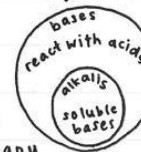
### definition:

a substance which reacts with an acid to produce a salt and water only, and are metal hydroxides or metal oxides

- contains either oxide ions,  $O^{2-}$ , or hydroxide ions,  $OH^-$

### PHYSICAL PROPERTIES

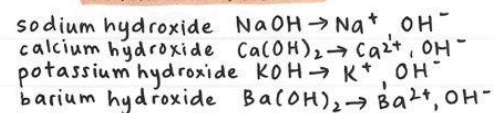
- slippery to the touch in aqueous solution
- taste astringent
- red litmus  $\Rightarrow$  blue
- mostly insoluble
- bitter taste, feel soapy
- dissolve in water
- good conductor of electricity
- soapy to the touch
- corrosive if concentrated



### COMMON BASES

sodium oxide	$Na_2O$
zinc oxide	$ZnO$
copper(II) oxide	$CuO$
magnesium hydroxide	$Mg(OH)_2$
aluminium hydroxide	$Al(OH)_3$

### COMMON ALKALIS



## ALKALIS

### definition:

a compound that is a soluble base, and produces hydroxide ions,  $OH^-$ , as the only negative ions when dissolved in water

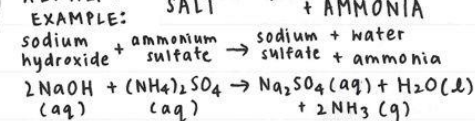
- usually group I metal oxides and hydroxides

### reactions

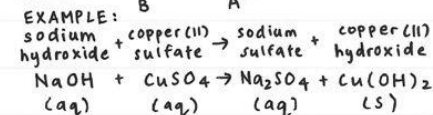
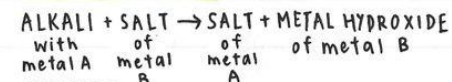
#### ACID (neutralisation)



#### AMMONIUM SALT



#### METAL SALT



if insoluble in water, resulting metal hydroxide appears as a precipitate!







**Questions on  
one side**



# Answers on the other side



# Past paper questions

10 The diagram below shows a quadrilateral.

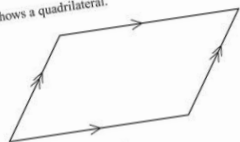


Diagram  
accurately drawn

- (a) Circle the name of this quadrilateral.
- Kite      Rhombus      Parallelogram      Rectangle
- (b) Describe the symmetry of the shape.  
You must refer to both line symmetry and rotational symmetry in your answer.

[1]

(b) Describe the symmetry of the shape.  
You must refer to both line symmetry and rotational symmetry in your answer.

[2]

[Total 3 marks]

- 11 Given that  $p = 3$ ,  $q = 5$  and  $r = 7$ , work out the value of  $2pqr$ .

**[Total 2 marks]**

Leave  
blank

- Look in detail at this extract from **lines 8 to 18** of the source:

Leave  
blank

Beyond the river with its belt of amber woodland rose the bluffs, rugged, broken, covered with shaggy red grass and bare of trees, save for the few stunted oaks that grew upon their steep sides. They were pathetic little trees, that sent their roots down through thirty feet of hard clay bluff to the river level. They were as old as the first settler could remember, and yet no one took account that they had ever grown an inch. They seldom, if ever, bore acorns; it was all the nourishment that soil could give just to exist. There was a sort of mysterious kinship between those trees and the men who lived, or tried to live, there. They were alike in more ways than one.

Across the river stretched the level land like the top of an oven. It was a country flat and featureless, without tones or shadows, without accent or emphasis of any kind to break its vast monotony. It was a scene done entirely in high lights, without relief, without the unbroken horizon vacant and void, forever reaching in flat plains toward the single common center point where the eye upon the empty yearning toward something they never attained.

How does the writer use language here to describe the landscape? You could include the writer's choice of words and phrases from the passage to support your answer.

How does the writer use language here to describe the Solomon Valley?

- words and phrases
- language features and techniques
- sentence forms.

[8 marks]

Turn over ▶

2 hours  
revision  
per night



# After school revision sessions

Revising at home

Revision support  
for targeted  
students

Revising in  
timetables lessons

Each Department will have a different approach  
to after school revision

# What factors affect our ability to perform?

---

**Exercise**  
**Nutrition**  
**Sleep**

**No matter how much revision you have done, you can improve your performance by working on these areas.**





# The effects of physical activity on our brains

---

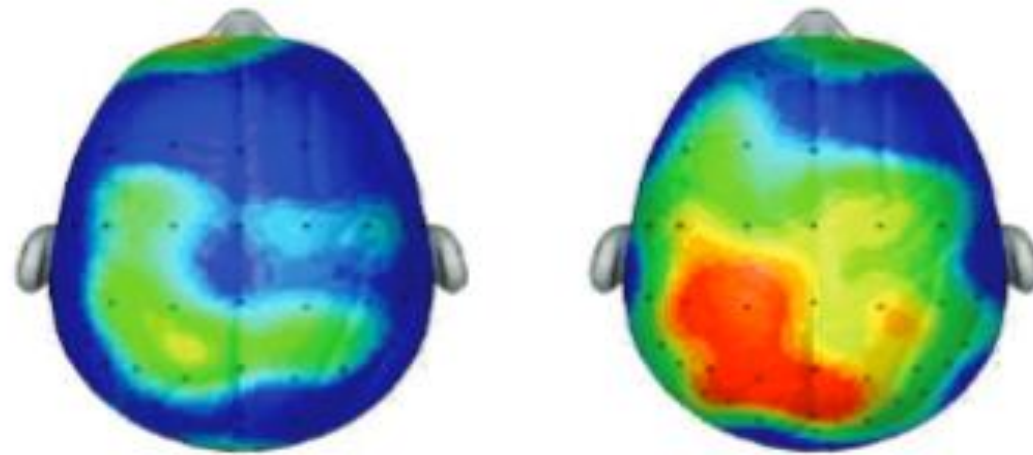
**Exercise** has been **proven** to help **increase memory quality**, another key factor for success in examinations.



# The effects of physical activity on our brains

---

Composite of 20 student brains taking the same test



After sitting quietly

After 20 minute walk

Red areas are very active; Blue areas are least active

# Nutrition

---



# Nutrition: Getting it wrong

---

It may seem a simple and small tweak to make, but if we make the wrong decisions about our nutrition, we may:

- feel **sluggish** and **lack energy**
- have **lower** levels of **concentration**
- our **energy** levels may **crash**.



# HARIBO IS NOT A FOOD GROUP



# AVOID “NAKED SUGAR”



# Nutrition: Power to Perform

## – Preparation

---

### Breakfast.

Try to eat foods with slow-release carbohydrates, such as **porridge, whole grain bread or muesli**. Add proteins into the mix to help keep you fuller for longer, for example **milk, yoghurt or eggs** if you have time!

If you aren't a 'breakfast person' experiment with smoothie recipes that use **oats and protein-rich ingredients** which may be easier to stomach!



# AVOID “NAKED SUGAR”





# Nutrition: Power to Perform

## – Energy levels

---

### Lunch

Aim to keep your **blood sugar** and energy levels **stable** by eating a combination of whole grain carbohydrates, proteins and healthy fats such as sandwiches, jacket potatoes, pasta etc.

# Nutrition: Power to Perform

## – Re-hydrate

---



# Nutrition: Power to Perform

## – Focus fuels

---

### Snacks

- fresh and dried fruit
- nuts
- seeds
- peanut butter and rice cakes
- non-sugary popcorn
- 0% fat yoghurt
- avocado
- a small amount of dark chocolate.

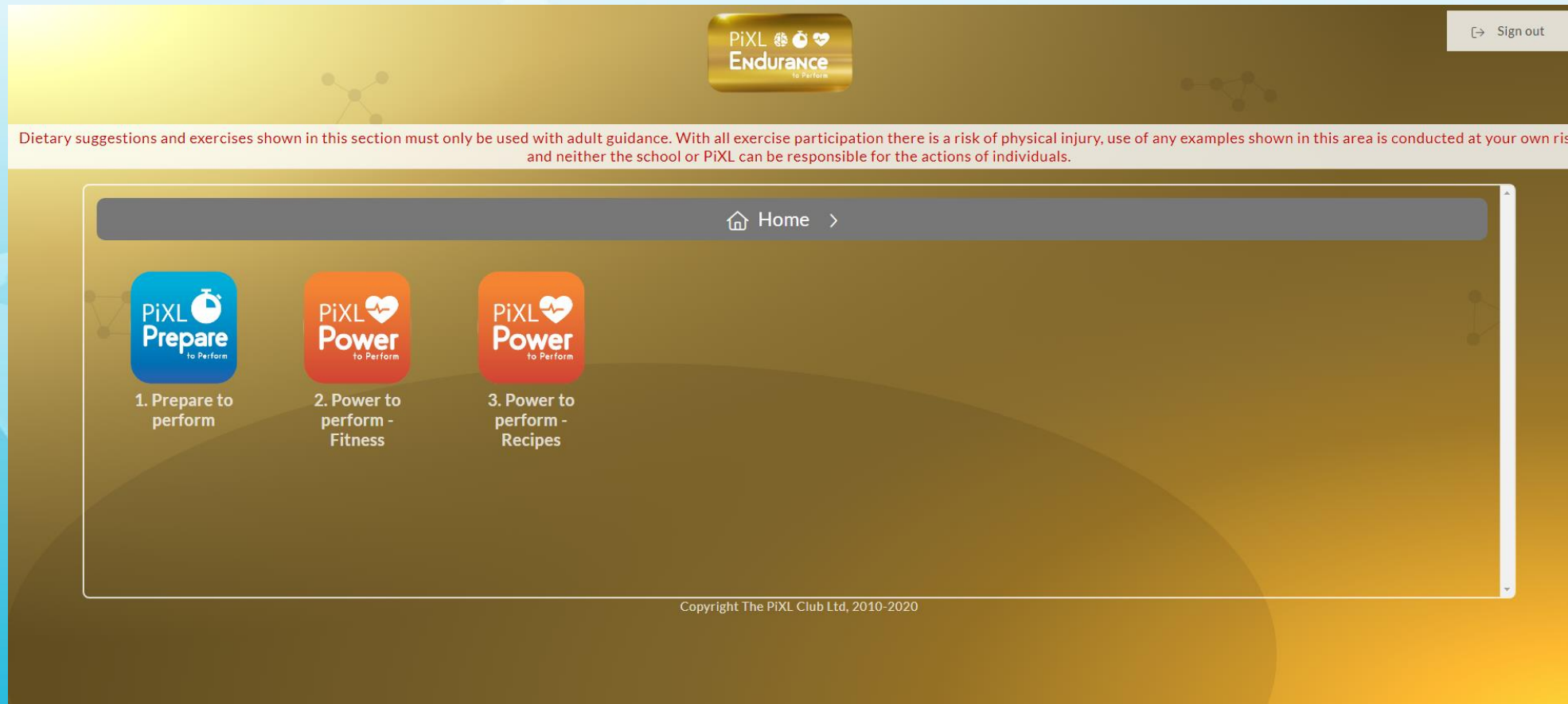
# AVOID “NAKED SUGAR”





# PIXL – Endurance

*link on the Year11 revision page*



The screenshot shows the PiXL Endurance website interface. At the top, there is a gold header bar with the PiXL Endurance logo on the left and a "Sign out" button on the right. Below the header, a red warning banner states: "Dietary suggestions and exercises shown in this section must only be used with adult guidance. With all exercise participation there is a risk of physical injury, use of any examples shown in this area is conducted at your own risk and neither the school or PiXL can be responsible for the actions of individuals." The main content area has a dark gold background and features a breadcrumb trail "Home >". Below this, there are three colored buttons: a blue "PiXL Prepare to Perform" button, an orange "PiXL Power to Perform" button, and another orange "PiXL Power to Perform" button. Under each button is a numbered list item: "1. Prepare to perform", "2. Power to perform - Fitness", and "3. Power to perform - Recipes". At the bottom of the main content area, there is a copyright notice: "Copyright The PiXL Club Ltd, 2010-2020".

Sign out

Dietary suggestions and exercises shown in this section must only be used with adult guidance. With all exercise participation there is a risk of physical injury, use of any examples shown in this area is conducted at your own risk and neither the school or PiXL can be responsible for the actions of individuals.

Home >

**PiXL Prepare**  
to Perform

1. Prepare to perform

**PiXL Power**  
to Perform

2. Power to perform - Fitness

**PiXL Power**  
to Perform

3. Power to perform - Recipes

Copyright The PiXL Club Ltd, 2010-2020



CHILLI CON CARNE WITH JEWELLED RICE



CHICKPEA AND VEGETABLE CURRY



A DIFFERENT FISH FINGER SANDWICH

## PiXL Endurance – On Y11 revision page



MEXICAN CHICKEN ENCHILADAS



PEANUT CHICKEN AND NOODLES



FLORENTINE PIZZA

# Sleep

---





# Why is sleep important?

---

If we don't get enough sleep, we risk reducing our:

- decision-making skills
- memory
- concentration and efficiency
- alertness
- awareness and ability to respond effectively to situations
- reaction and thinking times.



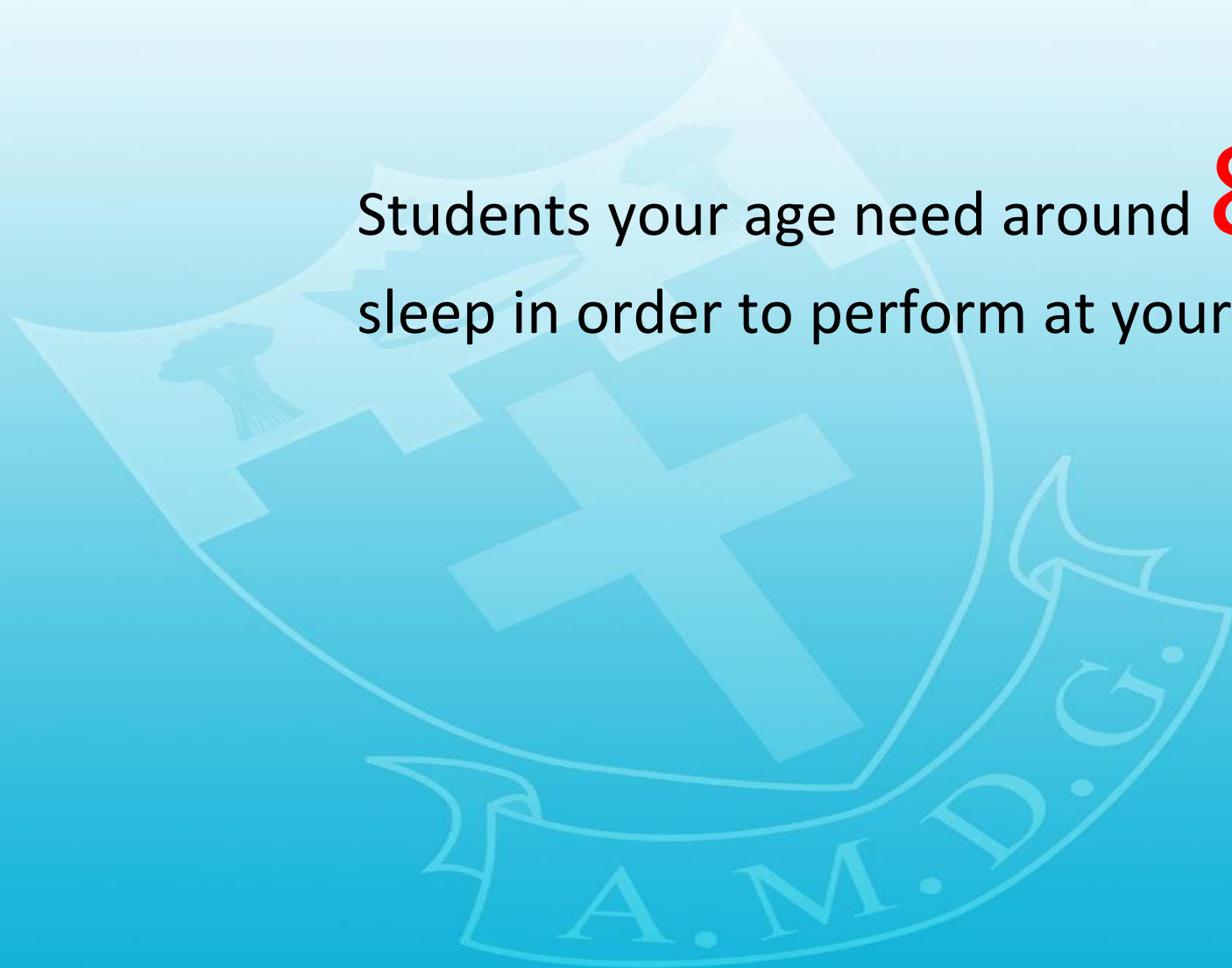
2 hours  
revision  
per night



# Why is sleep important?

---

Students your age need around **8 hours** sleep in order to perform at your very best.



**INSTAGRAM** is NOT a  
bedtime activity

**PS4** is NOT a bedtime  
activity

**FACETIME** is NOT a  
bedtime activity

# How can we 'wind down' before bed?

---

- Turn your phone off!
- Listen to music
- Turn your phone off!
- Read a book (for enjoyment!)
- Turn your phone off!
- Get some fresh air by taking a relaxing walk.
- Turn your phone off!
- Have a bath.
- Turn your phone off!





TURN  
YOUR PHONE  
OFF

AVOID  
“NAKED”  
SUGAR

TAKE A  
WALK

2 hours  
revision  
per night



**GET**  
**INVOLVED!**



# #winyourpersonalrace2024







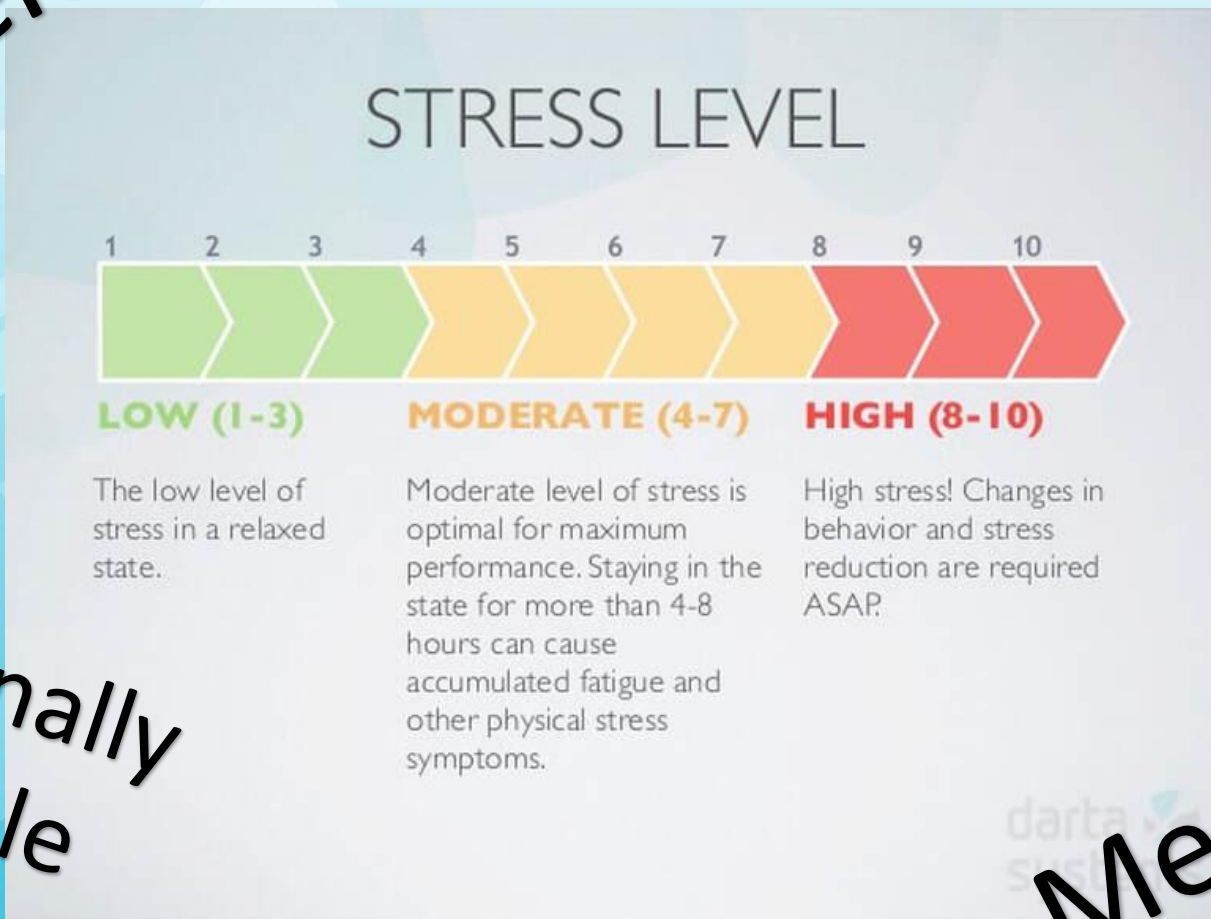
**On Time, All Day, Every Day**

**ATTENDANCE COUNTS**

**98%**

School  
Counselor

Form  
Tutor



Emotionally  
available  
adult

Mental Health  
First Aiders





**OPEN EVENTS**

# APPLICATION

---

---

---

---

---

---

---

---

---

---



---

---





# Wednesday 7<sup>th</sup> May

- Year 11 celebration Mass
- Pre exam session in the sports hall



# 8<sup>th</sup> May









Not guaranteed  
Targeted students  
will be asked to come  
into school for  
revision support



Thursday 19<sup>th</sup> June - Wednesday 25<sup>th</sup> June



You MUST be  
available  
in case of an exam  
has to be  
rearranged

**You can not sit  
a missed exam  
in this time**



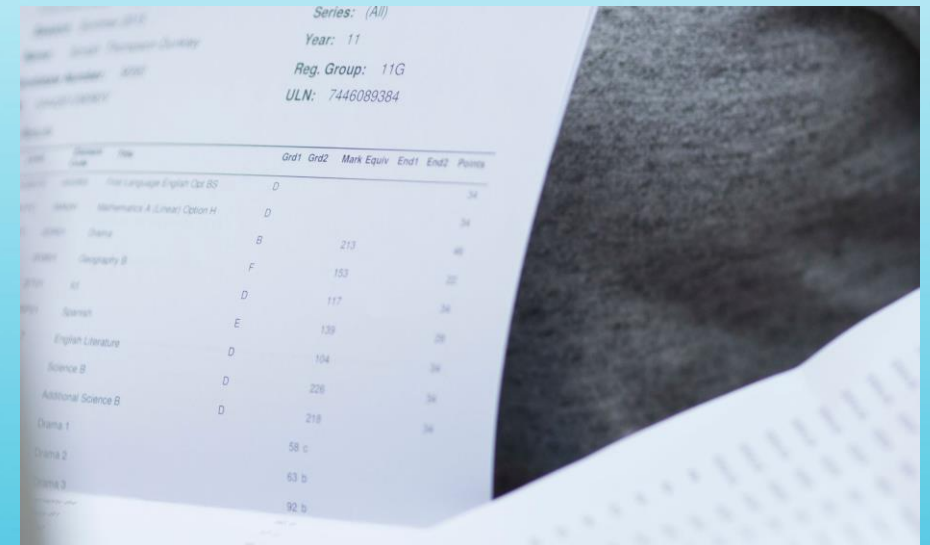
**Wednesday 16<sup>th</sup> July**

# **Leavers Prom**

# Thursday 21<sup>st</sup> August – Results Day

From 9am  
Further info to follow  
Leave stamped SAE to be posted  
Letter if you would like emailed from Mrs Hickman  
Permission to someone else to collect them  
Help and support on the day

**We cannot send  
results  
to non-UK emails**



Series: (All)  
Year: 11  
Reg. Group: 11G  
ULN: 7446089384

Subject	Grade	Mark	Points
First Language English Opt B2	D		34
Mathematics A (Linear) Option H	D		34
Science	B	213	46
Geography B	F	153	20
Art	D	117	34
Spanish	E	139	28
English Literature	D	104	34
Science B	D	226	34
Additional Science B	D	218	34
Drama 1		56 c	
Drama 2		63 b	
Drama 3		92 b	

# BLESSED EDWARD OldCORNE

## CATHOLIC COLLEGE



Mrs Dudley  
11 A

[rdudley@blessededward.co.uk](mailto:rdudley@blessededward.co.uk)

Mr Males  
11 C

[jmales@blessededward.co.uk](mailto:jmales@blessededward.co.uk)

Mr Robinson  
11

[brobinson@blessededward.co.uk](mailto:brobinson@blessededward.co.uk)

Mrs Ball  
11 L

[lbball@blessededward.co.uk](mailto:lbball@blessededward.co.uk)

Mr Winwood  
11 P

[jwinwood@blessededward.co.uk](mailto:jwinwood@blessededward.co.uk)

Mr Ebbage  
11 S

[aebbage@blessededward.co.uk](mailto:aebbage@blessededward.co.uk)

Mr Williams  
11 W

[jwilliams@blessededward.co.uk](mailto:jwilliams@blessededward.co.uk)





# BLESSED EDWARD OLDCORNE

## CATHOLIC COLLEGE



Mrs S Thomas  
Deputy Headteacher  
Curriculum

Mr G McClarey - Headteacher

Mr P Edmunds  
Assistant Headteacher  
Curriculum

**Mrs Pritchard**  
**Head of Year 11**

[npritchard@blessededward.co.uk](mailto:npritchard@blessededward.co.uk)

Mrs C Moseley  
Counselor

[cmoseley@blessededward.co.uk](mailto:cmoseley@blessededward.co.uk)

Mrs C Corbin  
Assistant Headteacher  
Key Stage 4 / Attendance  
[clh112@blessededward.co.uk](mailto:clh112@blessededward.co.uk)

Mrs M Fitzer  
SEND/CO / Access arrangements  
[mmf10@blessededward.co.uk](mailto:mmf10@blessededward.co.uk)

Mrs K Hickman  
Exam Officer

[khickman@blessededward.co.uk](mailto:khickman@blessededward.co.uk)



*If in doubt - contact us*

## Revision – Year 11

[www.blessededward.co.uk](http://www.blessededward.co.uk)

[Students

[Exam dates and revision all year groups

[Year 11



[Post Results Services](#)

[Mock Revision Subject Guides](#)

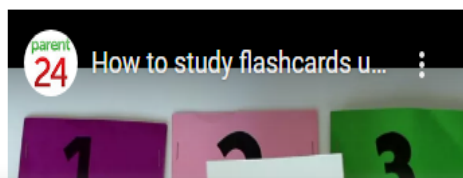
[Recall Test](#)

[First Mocks](#)

[Second Mocks](#)

[Personal Learning checklist](#)

[Summer 2022 adaptations](#)



Expectations we have for our Year 11 students

Turn up on time  
Work hard in lessons  
Work hard at home  
Be present  
Be people of good character

