

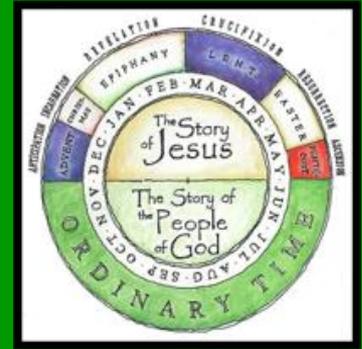
CELEBRATION OF THE WORD

MORNING PRAYER

Monday 9th February 2026

LITURGICAL SEASON

The Liturgical Colour is GREEN.
This is because we are in the
season of Ordinary Time.



A.M.D.G. - For the Greater Glory of God

LET US BEGIN OUR
TUTOR GROUP
MORNING PRAYER

*I invite you all to say and make
the Sign of the Cross*

*In the name of the
Father, and of the Son,
and of the Holy Spirit.
Amen.*

Ronan Guppy - Head Boy



A.M.D.G. - For the Greater Glory of God

WE GATHER

Let us sit still
and have a few moments of
reverence
as we light our
TUTOR GROUP CANDLE.



We gather today to
reflect on Sunday's
Gospel reading



Loving
Prayerful
Hopeful
Kind
Respectful
Honest
Grateful
Just
Giving
Knowledgeable
Curious
Resilient

BLESSED EDWARD OldCORNE CATHOLIC COLLEGE
www.blessededward.co.uk
2024
2025

COLLEGE DIARY

QUOTE OF THE WEEK



He who is filled with love is filled with God himself.

St Augustine

THE WORD

"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? ... You are the light of the world. A town built on a hill cannot be hidden... Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

— **Matthew 5:13-16**

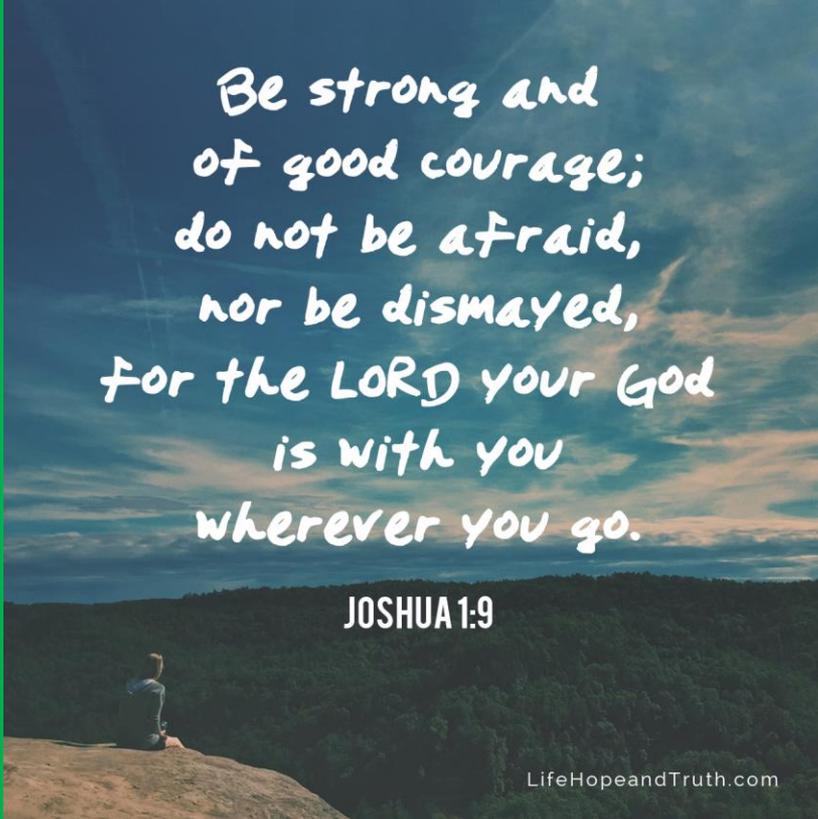
Jesus calls us to be salt and light—two simple but powerful images. Salt preserves and adds flavour; light guides and brings hope. In a world that can feel dark or divided, we are invited to live in a way that makes life better for others—through kindness, honesty, and love.

Being salt means adding goodness and preventing decay in our communities. Being light means shining hope where there is despair. Our actions, no matter how small, can make a big difference.

THE WORD

Scripture linked to our
Virtue of the week

Resilient - able to
withstand or recover
quickly from difficult
situations.

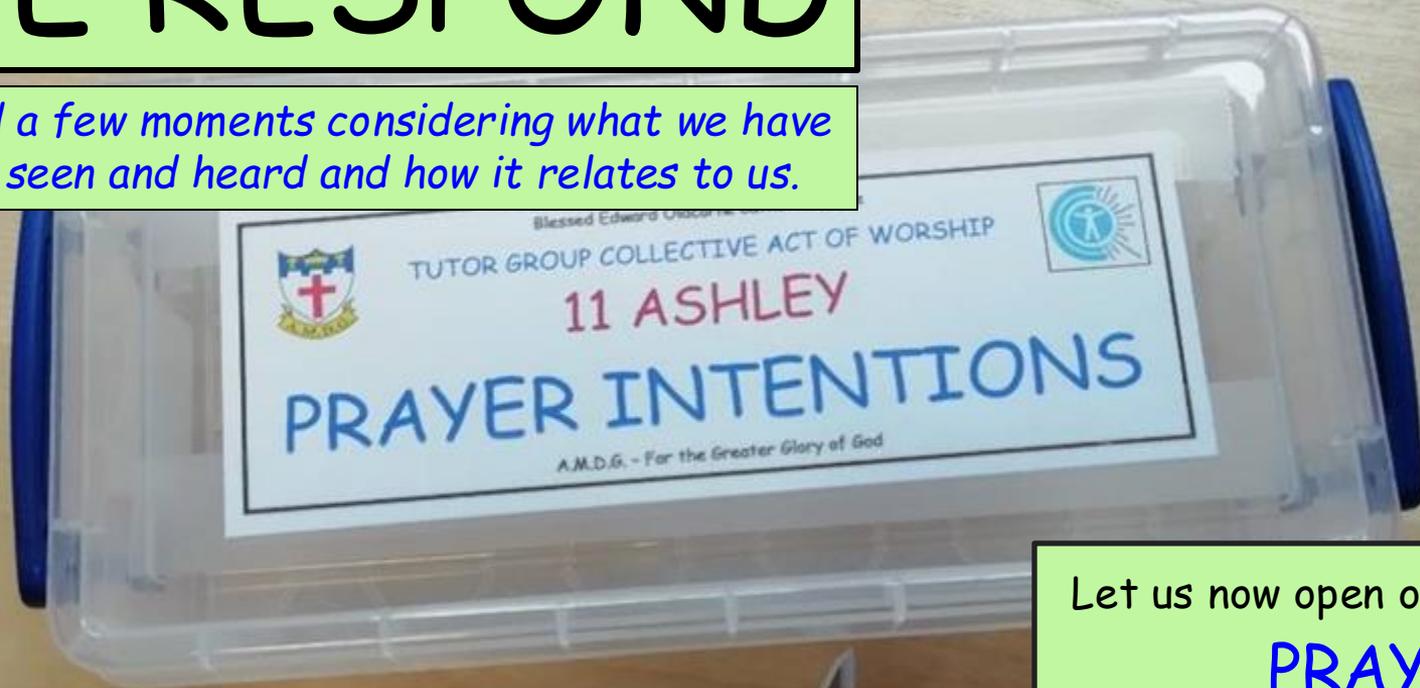
A person is sitting on a large rock in the foreground, looking out over a vast, forested valley. The sky is filled with dramatic, dark clouds, suggesting a sunset or sunrise. The overall mood is contemplative and serene.

Be strong and
of good courage;
do not be afraid,
nor be dismayed,
for the LORD your God
is with you
wherever you go.

JOSHUA 1:9

WE RESPOND

Spend a few moments considering what we have just seen and heard and how it relates to us.



Let us now open our tutor group

PRAYER INTENTION BOXES

and listen to some of the prayer intentions that we have written.



COLLEGE PRAYER



for the
greater
glory
of God
ad maiorem dei gloriam

*God our Father
You filled Blessed Edward Oldcorne
with the strength and courage to be a
witness to Christ
and in doing so he became a martyr.
Grant us a share in that same strength
that we may daily take up our cross
and follow you.*

Amen

***Everything we do
is for the Greater Glory of God
Blessed Edward Oldcorne
Pray for us***



MISSION

We rejoice and go forth to live out the Gospel of the Lord in our lives.

How can you be salt and light in others lives?



The peace of the Lord be with you always.

A.M.D.G. - For the Greater Glory of God

LET US END OUR
TUTOR GROUP
MORNING PRAYER

I invite you all to say and make
the Sign of the Cross

*In the name of the Father,
and of the Son, and of the
Holy Spirit.
Amen.*

Olivia Owen - Head Girl



A.M.D.G. - For the Greater Glory of God



AFTERNOON PRAYER

START OF LESSON 5

I invite you all to say and make
the Sign of the Cross



THE LORD'S PRAYER

*Our Father, who art in heaven,
hallowed be thy name;
thy Kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.*

Amen.

Everything we do - is for the greater glory of God
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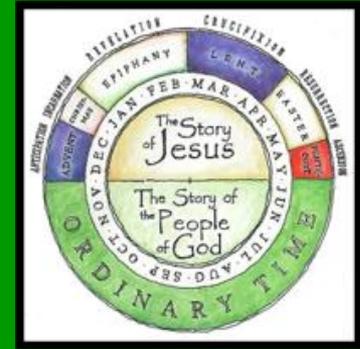
CELEBRATION OF THE WORD

MORNING PRAYER

Tuesday 10th February 2026

LITURGICAL SEASON

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A.M.D.G. - For the Greater Glory of God

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Ronan Guppy - Head Boy



A.M.D.G. - For the Greater Glory of God

WE GATHER

Let us sit still
and have a few moments of
reverence
as we light our
TUTOR GROUP CANDLE.



We gather today to
reflect on Safer Internet
Day



THE WORD

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." — Ephesians 4:29

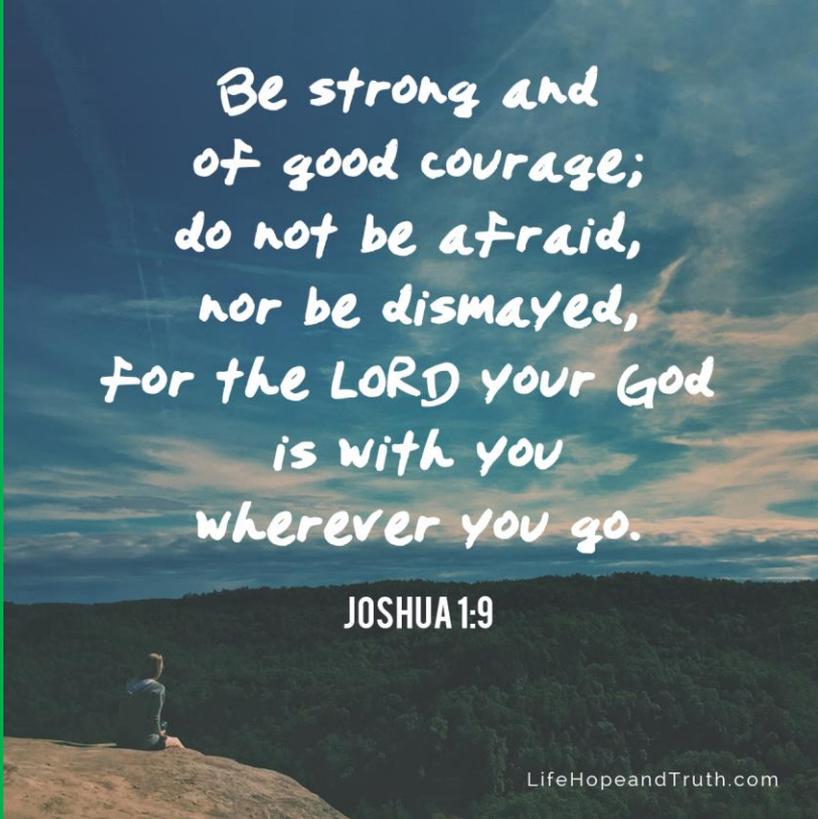
Safer Internet Day reminds us that the digital world is powerful—it can connect, inform, and inspire, but it can also harm if used carelessly. The Bible calls us to use our words to build others up, not tear them down. This applies just as much online as in person.

Every post, comment, or message is an opportunity to show kindness and respect. Before we click "send," we can ask: *Will this encourage someone? Will this reflect love and truth?* When we choose words that heal rather than hurt, we make the internet a safer, more positive space.

THE WORD

Scripture linked to our
Virtue of the week

Resilient - able to
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quickly from difficult
situations.

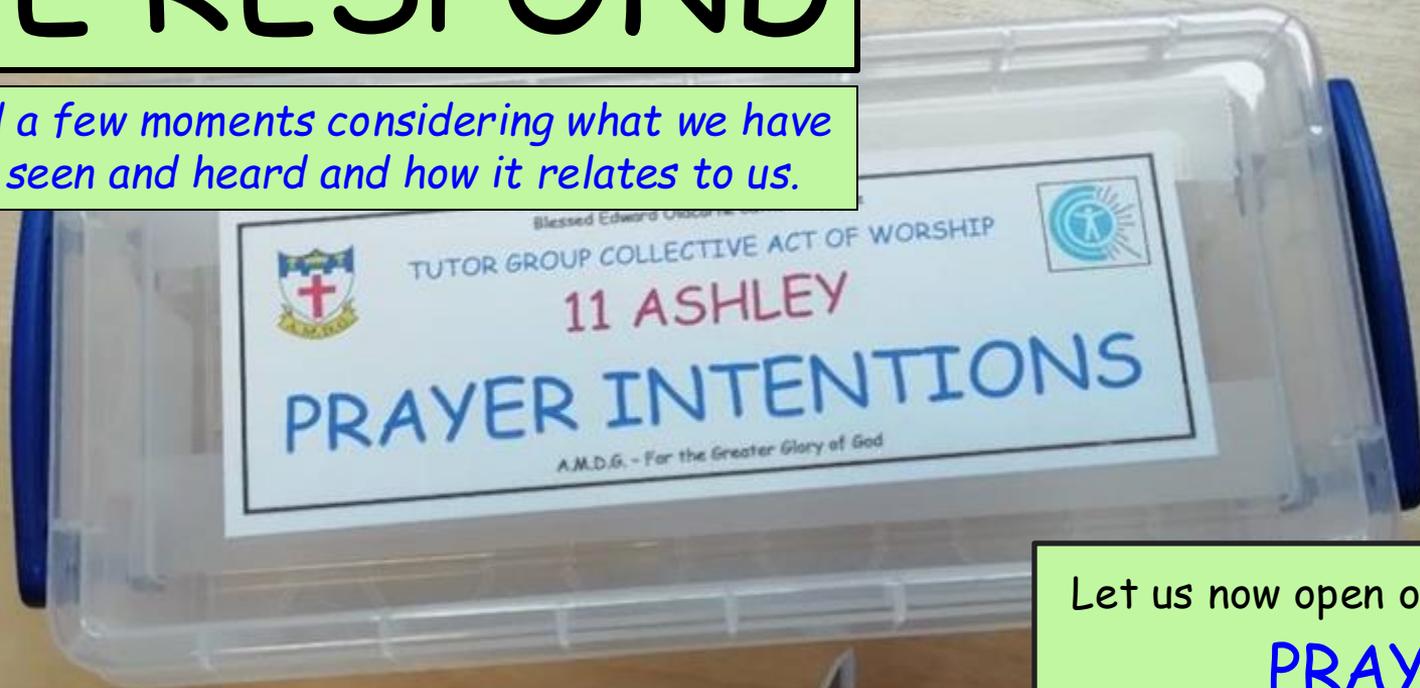
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JOSHUA 1:9

WE RESPOND

Spend a few moments considering what we have just seen and heard and how it relates to us.



Let us now open our tutor group

PRAYER INTENTION BOXES

and listen to some of the prayer intentions that we have written.



COLLEGE PRAYER



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ad maiorem dei gloriam

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and follow you.*

Amen

***Everything we do
is for the Greater Glory of God
Blessed Edward Oldcorne
Pray for us***



MISSION

We rejoice and go forth to live out the Gospel of the Lord in our lives.

What active steps can you make to be safer on the internet this month?



The peace of the Lord be with you always.

A.M.D.G. - For the Greater Glory of God

LET US END OUR
TUTOR GROUP
MORNING PRAYER

*I invite you all to say and make
the Sign of the Cross*

*In the name of the Father,
and of the Son, and of the
Holy Spirit.
Amen.*

Olivia Owen - Head Girl



A.M.D.G. - For the Greater Glory of God



AFTERNOON PRAYER

START OF LESSON 5

I invite you all to say and make
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THE LORD'S PRAYER

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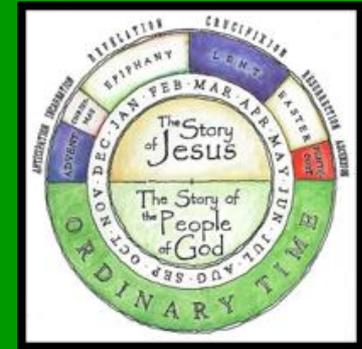
CELEBRATION OF THE WORD

MORNING PRAYER

Wednesday 11th February 2026

LITURGICAL SEASON

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A.M.D.G. - For the Greater Glory of God

LET US BEGIN OUR
TUTOR GROUP
MORNING PRAYER

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A.M.D.G. - For the Greater Glory of God

WE GATHER

Let us sit still
and have a few moments of
reverence
as we light our
TUTOR GROUP CANDLE.



We gather today to
reflect on Time to Talk
day



THE WORD

"Carry each other's burdens, and in this way you will fulfill the law of Christ."
— **Galatians 6:2**

Time to Talk Day reminds us how vital it is to open up about mental health and to listen with compassion. Many people carry heavy burdens silently, feeling alone in their struggles. The Bible calls us to share those burdens—to be present, to listen, and to offer kindness without judgment.

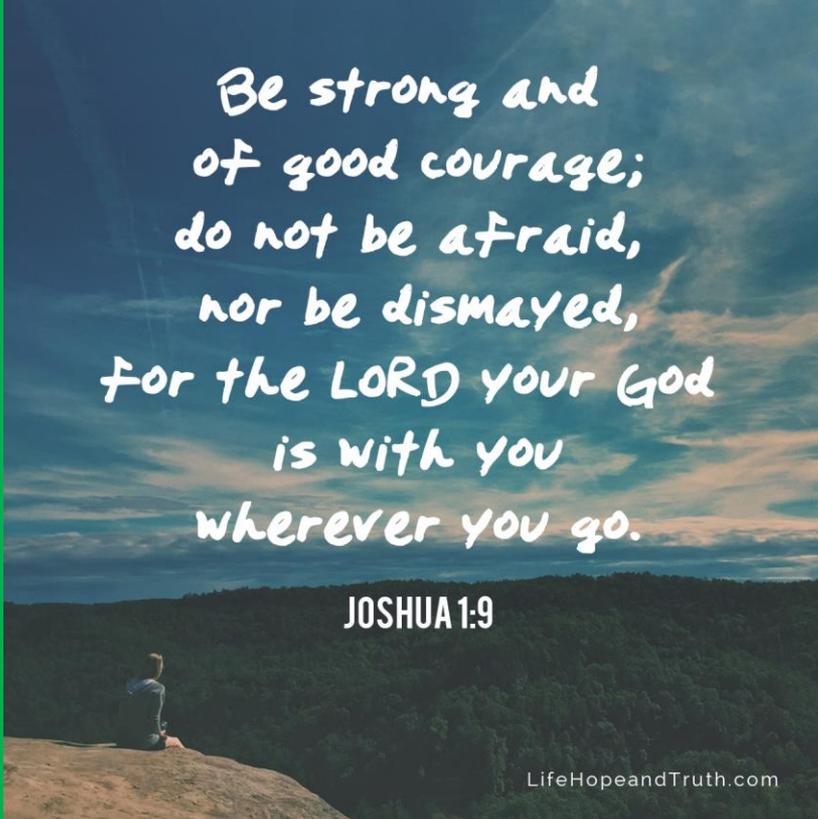
Henry David Thoreau once wrote, *"The greatest compliment that was ever paid me was when one asked me what I thought, and attended to my answer."*

Listening is a gift. When we take time to talk—and truly listen—we create spaces of hope and healing.

THE WORD

Scripture linked to our
Virtue of the week

Resilient - able to
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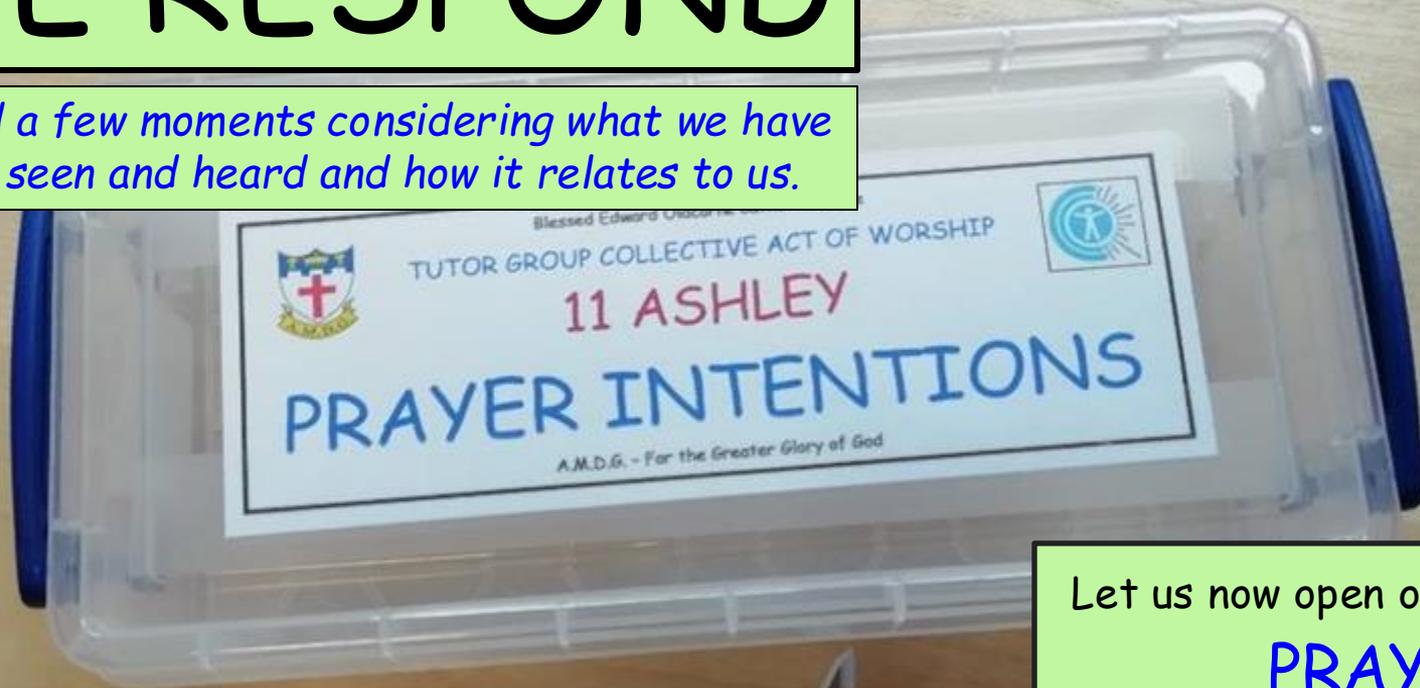
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is with you
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JOSHUA 1:9

WE RESPOND

Spend a few moments considering what we have just seen and heard and how it relates to us.



Let us now open our tutor group

PRAYER INTENTION BOXES

and listen to some of the prayer intentions that we have written.



COLLEGE PRAYER



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ad maiorem dei gloriam

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Amen

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Blessed Edward Oldcorne
Pray for us***



MISSION

We rejoice and go forth to live out the Gospel of the Lord in our lives.

Is it time to talk to someone about how you are feeling?



The peace of the Lord be with you always.

A.M.D.G. - For the Greater Glory of God

LET US END OUR
TUTOR GROUP
MORNING PRAYER

I invite you all to say and make
the Sign of the Cross

*In the name of the Father,
and of the Son, and of the
Holy Spirit.
Amen.*

Olivia Owen - Head Girl



A.M.D.G. - For the Greater Glory of God



AFTERNOON PRAYER

START OF LESSON 5

I invite you all to say and make
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THE LORD'S PRAYER

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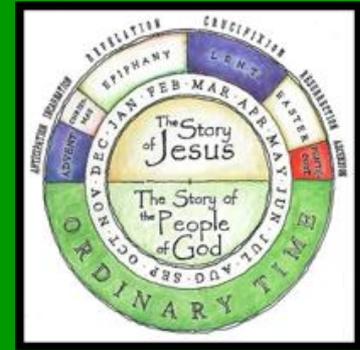
CELEBRATION OF THE WORD

MORNING PRAYER

Thursday 12th February 2026

LITURGICAL SEASON

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A.M.D.G. - For the Greater Glory of God

LET US BEGIN OUR
TUTOR GROUP
MORNING PRAYER

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Ronan Guppy - Head Boy



A.M.D.G. - For the Greater Glory of God

WE GATHER

Let us sit still
and have a few moments of
reverence
as we light our
TUTOR GROUP CANDLE.



We gather today to
reflect on the virtue of
the week - resilience



THE WORD



"We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed." — 2 Corinthians 4:8-9

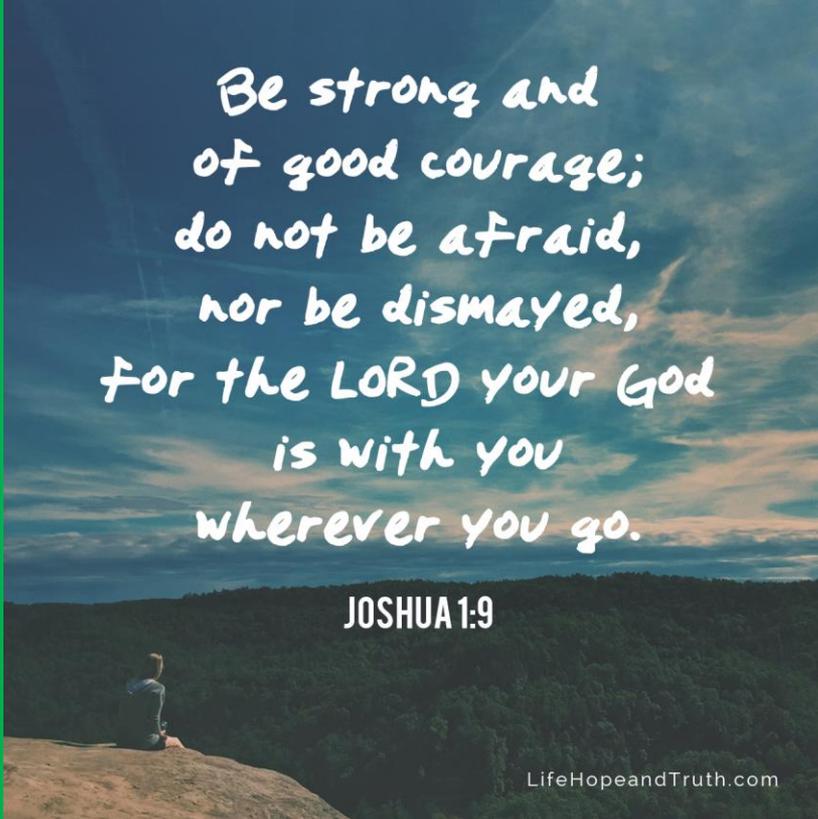
Resilience is the ability to keep going when life is difficult. One powerful example of resilience in history is Helen Keller. Despite being blind and deaf from a young age, learned to communicate, graduated college, and became an advocate for people with disabilities. Her life shows resilience is not about avoiding hardship—it's about finding strength to rise above it.

As Paul writes in 2 Corinthians, even when we face pressure and setbacks, we are not abandoned. God gives us the strength to endure and overcome. Like Keller, we can choose hope and perseverance, trusting our struggles do not define us—they refine us.

THE WORD

Scripture linked to our
Virtue of the week

Resilient - able to
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quickly from difficult
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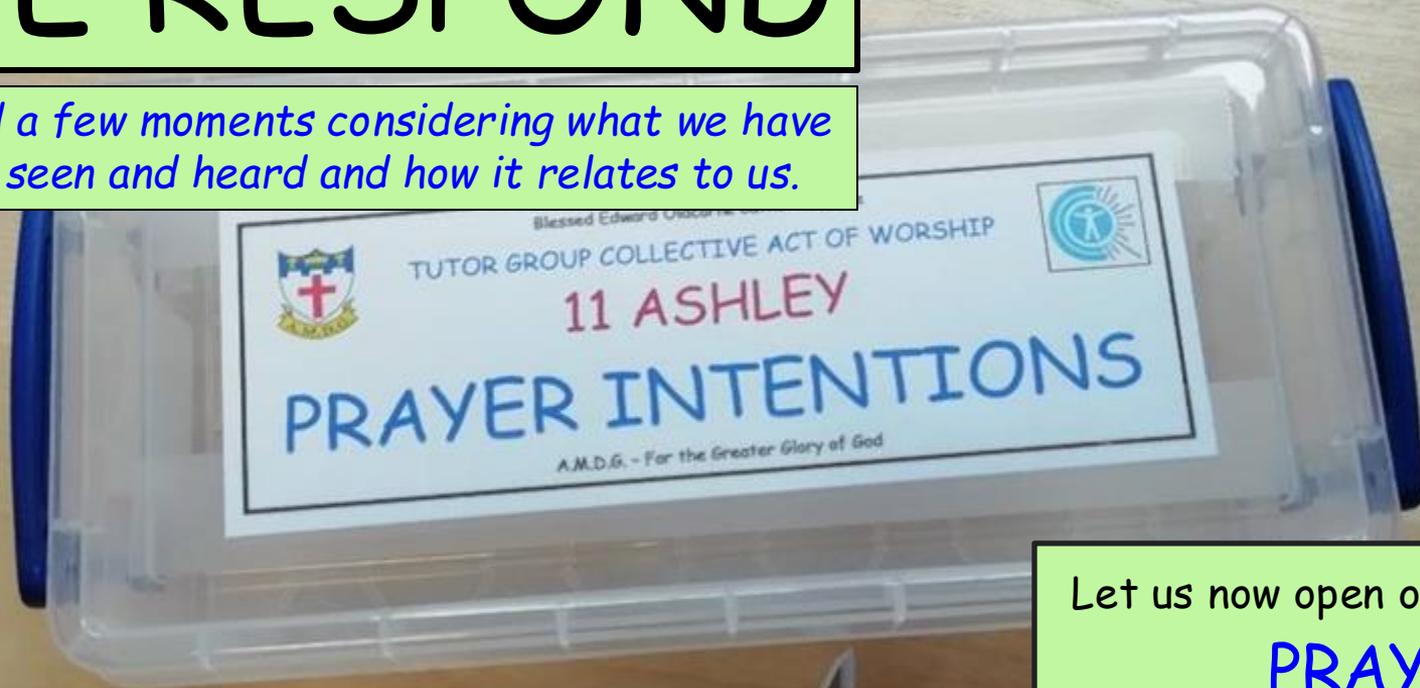
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JOSHUA 1:9

WE RESPOND

Spend a few moments considering what we have just seen and heard and how it relates to us.



Let us now open our tutor group

PRAYER INTENTION BOXES

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COLLEGE PRAYER



for the
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ad maiorem dei gloriam

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Amen

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Blessed Edward Oldcorne
Pray for us***



MISSION

We rejoice and go forth to live out the Gospel of the Lord in our lives.

Where do you need to be more resilient in your life?



The peace of the Lord be with you always.

A.M.D.G. - For the Greater Glory of God

LET US END OUR
TUTOR GROUP
MORNING PRAYER

I invite you all to say and make
the Sign of the Cross

*In the name of the Father,
and of the Son, and of the
Holy Spirit.
Amen.*

Olivia Owen - Head Girl



A.M.D.G. - For the Greater Glory of God



AFTERNOON PRAYER

START OF LESSON 5

I invite you all to say and make
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THE LORD'S PRAYER

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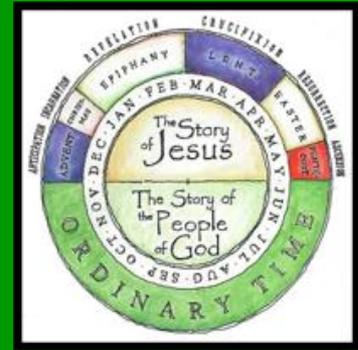
CELEBRATION OF THE WORD

MORNING PRAYER

Friday 13th February 2026

LITURGICAL SEASON

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TUTOR GROUP
MORNING PRAYER

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A.M.D.G. - For the Greater Glory of God

WE GATHER

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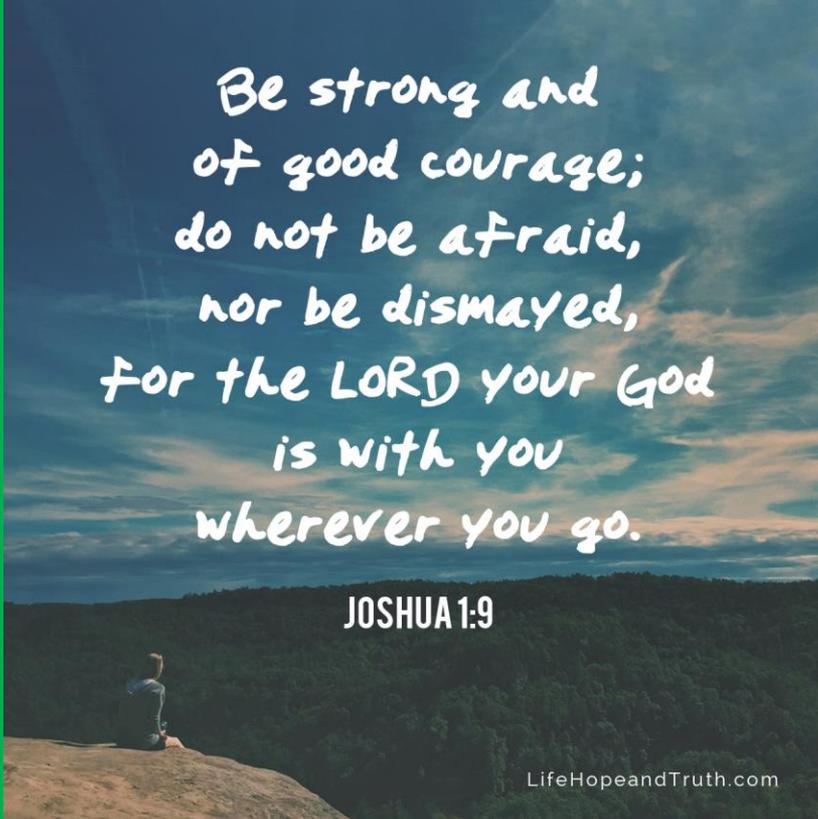
We gather today
in reflective prayer
to help us discern
God's presence in
our lives and to
consider how we can
grow in our
relationship with
him.

A.M.D.G. - For the Greater Glory of God

THE WORD

Scripture linked to our
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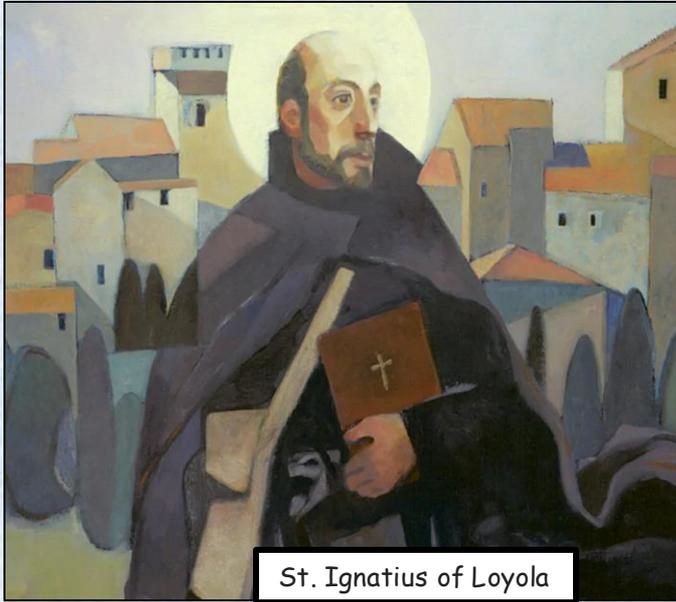
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LifeHopeandTruth.com

THE EXAMEN



St. Ignatius of Loyola



Your Form Tutor will now ask you to reflect on the words of the examen.

EXAMEN

1. *GIVE THANKS.*
2. *Ask for help.*
3. *Reflect.*
4. *Say Sorry.*
5. *DECIDE.*

Examen Closing Prayer (1)

O God, I find myself at the beginning of another day.
I do not know what it will bring.

Please help me to be ready for whatever it may be.

If I am to stand up, help me to stand bravely.

If I am to sit still, help me to sit quietly.

If I am to lie low, help me to do it patiently.

If I am to do nothing, let me do it gallantly.

I pray just for today, for these twenty-four hours, for the ability to cooperate with others according to the way Jesus taught us to live.

"Your kingdom come, your will be done on earth as it is in heaven."

Examen Closing Prayer (2)

May these words that he taught us become more than words.

Please free my thinking and feelings and the thinking and feelings of others, from all forms of self-will, self-centeredness, dishonesty, and deception.

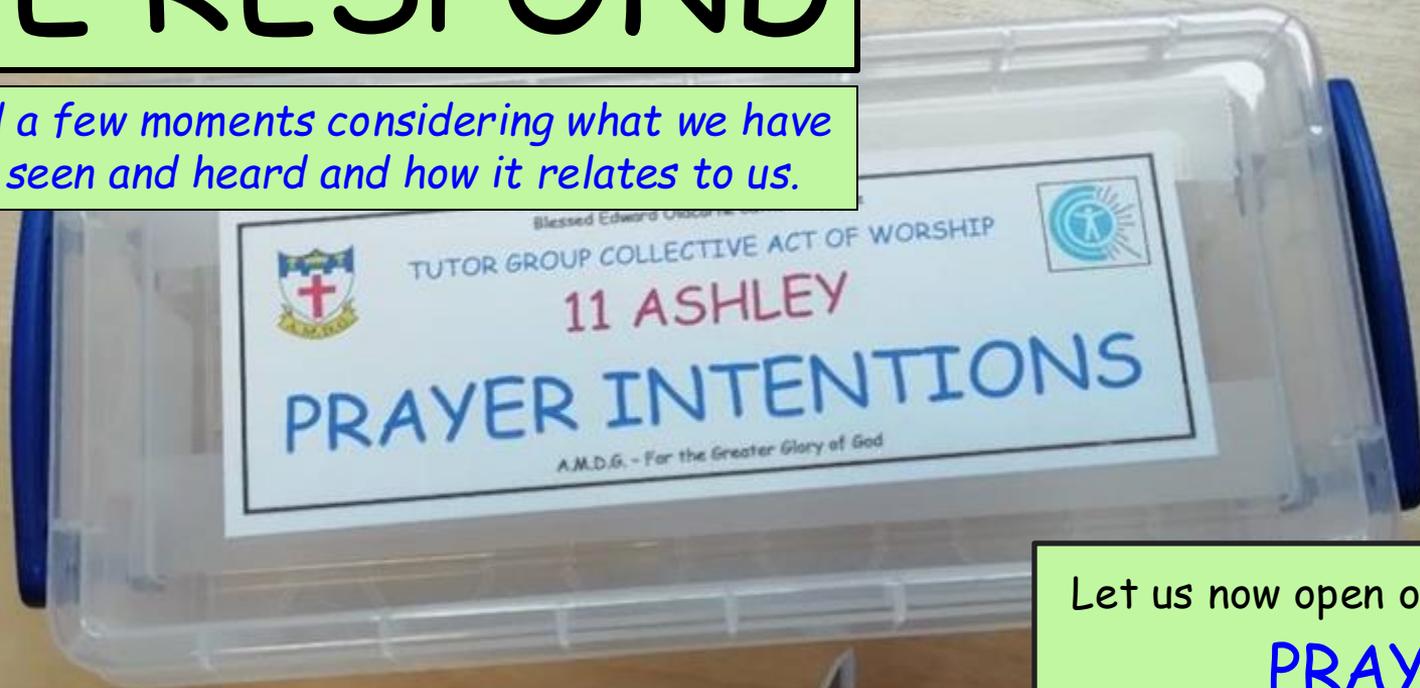
Along with my brothers and sisters, I need this freedom to make my choices today according to your desires.

Send your Spirit to inspire me in time of doubt and indecision so that together, we can walk along your path.

Amen.

WE RESPOND

Spend a few moments considering what we have just seen and heard and how it relates to us.



Let us now open our tutor group

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MISSION

*We rejoice and go forth to live out
the Gospel of the Lord in our lives.*



*The peace of the Lord
be with you always.*

Having spent a moment reflecting - how have you lived out the college virtue of the week this week?

We now ask for guidance on how we can live our lives more fully in accordance with God's will.

EXAMEN

1. GIVE THANKS.
2. Ask for help.
3. Reflect.
4. Say Sorry.
5. DECIDE.

A.M.D.G. - For the Greater Glory of God

EVERYONE
WELCOME

FRIDAY MASS
1.40
IN THE CHAPEL.



LET US END OUR
TUTOR GROUP
MORNING PRAYER

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AFTERNOON PRAYER

START OF LESSON 5

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